

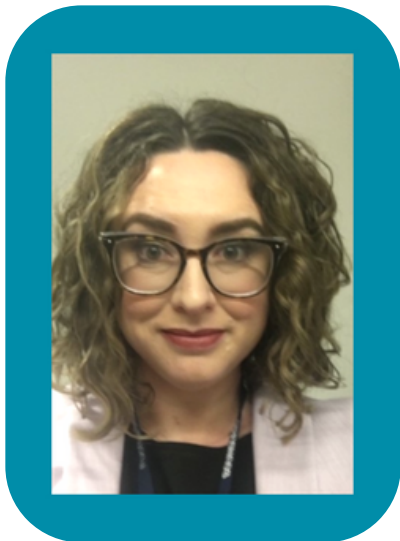
# THE RESEARCH NOOK

A Waypoint Research Institute Newsletter

In this edition of ***The Research Nook***:

- Dr. Bingham's CIHR Grant
- What's new at the WRI
- Recent publications
- WRI in the news
- Café Scientifique Event
- PCFC Corner
- Recent events

## DR. KATIE BINGHAM RECEIVES WAYPOINT'S LARGEST CIHR GRANT



The Waypoint Research Institute is pleased to congratulate **Dr. Katie Bingham** on her successful CIHR Implementation Science Team Grant. This multi-year project, "*Evaluating the implementation, effectiveness and scalability of the Behaviour Success Agent program: Promoting quality integrated dementia care and building capacity in acute care settings*", is the largest CIHR grant ever received by a Waypoint researcher, with a total of \$7.48M awarded to 10 research teams.

This implementation study will evaluate barriers and facilitators of the Behaviour Support Agent (BSA) program, an intervention in the North Simcoe Muskoka region's acute care hospitals. The BSA program is designed to promote quality of care for persons with dementia and responsive behaviours, optimizing flow through the health care system and enhancing the capacity of acute care staff to assess and manage dementia with response behaviours. Dr. Bingham recently joined Waypoint in a full-time capacity as a psychiatrist and will be working with the Specialized Geriatric Services team, other WRI researchers, and external partners on this project. Congratulations Dr. Bingham and team!

## WHAT'S NEW AT THE WRI



### **DR. BERNARD LE FOLL DEMONSTRATES RESEARCH IMPACT**

The Waypoint Research Institute is pleased to congratulate **Dr. Bernard Le Foll**, Vice President Research & Academics and Chief Scientific Officer, on being named the 9th most cited primary care researcher in Canada in a **new publication** from Aggarwal et al. assessing the impact of primary care researchers across Canada. Congratulations Dr. Le Foll!



### **DR. ZOE HILTON RECEIVED THE 2024 LIVING THE MISSION AWARD**



The Waypoint Research Institute is please to congratulate **Dr. Zoe Hilton**, Research Chair in Forensic Health Science and recipient of the 2024 Living the Mission Award from the Catholic Health Sponsors of Ontario. Dr. Hilton's leadership both within Waypoint and beyond through her research and work with vulnerable populations is exemplified through this award. Congratulations Dr. Hilton!



### **CLINICAL TRIALS PROGRAM DEVELOPMENT**

**Nicole Adams** and **Stephanie Munten** are leading the way in the development of a clinical trials program at Waypoint. The four-stage implementation plan involves the current stage of laying the foundation, followed by post-market clinical trials; industry-sponsored research; and investigator-initiated, regulated clinical trials. The WRI is excited to continue the next phases of the development process and looking forward to expanding our research areas and knowledge through the clinical trials program.



## WHAT'S NEW AT THE WRI



### LINDA ADAMS RETIREMENT

The Waypoint Research Institute is pleased to congratulate Linda Adams on her upcoming retirement. Linda has spent the past eight years serving as Waypoint's Vice President, Patient Experience and Chief Nursing Executive. In addition to this role, Linda has recently been conducting research through the WRI. We are grateful for Linda's leadership and dedication to Waypoint and wish her the very best in her retirement!



### PRACTICAL IMPLEMENTATION SCIENCE NAMED A PROSE AWARD FINALIST



The Waypoint Research Institute is please to congratulate **Dr. Heather Bullock** and her co-authors on their book, *Practical Implementation Science: Moving Evidence into Action*, being named as an Award Finalist in the Nursing and Allied Health Category of the 2024 PROSE Awards. The PROSE Awards are given by the Association of American Publishers (AAP) and are the most prestigious awards for academic publishing. Congratulations Dr. Bullock!



### WRI RESEARCHERS AWARDED PARTNERSHIP ENGAGE GRANTS

Congratulations to **Dr. Zoe Hilton**, **Dr. Elnaz Moghimi** and **Elke Ham**, who are a part of two new SSHRC Partnership Engage Grants that were funded in June. These projects will build on previous work exploring intimate partner violence (IPV), including ways to engage with survivors and understanding the impact of COVID-19 on IPV risk assessment training.



## RECENT PUBLICATIONS

Evans, C., Panday, J., Bullock, H., Levasseur, M.A., Canning, C., Tripp, L., Abelson, J., Vanstone, M. (2024). **Framing Service User Involvement in Mental Health: A Qualitative Review.** *Canadian Journal of Community Mental Health*. e-First <https://doi.org/10.7870/cjcmh-2024-001>

Horgan, S., Prorok, J., Ellis, K., Mullaly, L., Cassidy, K-L., Seitz, D., Checkland, C. (2024). **Optimizing Older Adult Mental Health in Support of Healthy Ageing: A Pluralistic Framework to Inform Transformative Change across Community and Healthcare Domains.** *International Journal of Environmental Research and Public Health*. <https://doi.org/10.3390/ijerph21060664>

Chen, W., Graham, I. D., Hu, J., Lewis, K. B., Zhao, J., & Gifford, W. (2024). **Development of a training program prototype to enhance implementation leadership competencies and behaviours of Chinese unit nurse managers: a qualitative descriptive study.** *BMC Nursing*, 23(1). <https://doi.org/10.1186/s12912-024-01989-8>

Jennings-Fitz-Gerald, E., Smith, C. M., Hilton, N. Z., Radatz, D. L., Lee, J., Ham, E., & Snow, N. (2024). **A scoping review of policing and coercive control in lesbian, gay, bisexual, transgender, and queer plus intimate relationships.** *Sociology Compass*, e13239. <https://doi.org/10.1111/soc4.1323>

## WRI IN THE NEWS



### WAYPOINT HOSTS EVENT FOCUSED ON PATIENT-ORIENTED RESEARCH

June 7, 2024. This article is available on [MidlandToday.ca](https://www.midlandtoday.ca)



### WAYPOINT WORKER'S RESEARCH HELPS DETERMINE DOMESTIC VIOLENCE RISK

April 28, 2024. This article is available on [OrilliaMatters.com](https://www.OrilliaMatters.com).



### MINDFULNESS HELPS KIDS DEAL WITH TOO MUCH SCREEN TIME: LOCAL STUDY

May 11, 2024. This article is available on [OrilliaMatters.com](https://www.OrilliaMatters.com).



### WAYPOINT'S ODARA SYSTEM: AN INTERVIEW WITH DR. ZOE HILTON

May 23, 2024 This video is available on INFO Simcoe's [YouTube](https://www.youtube.com).

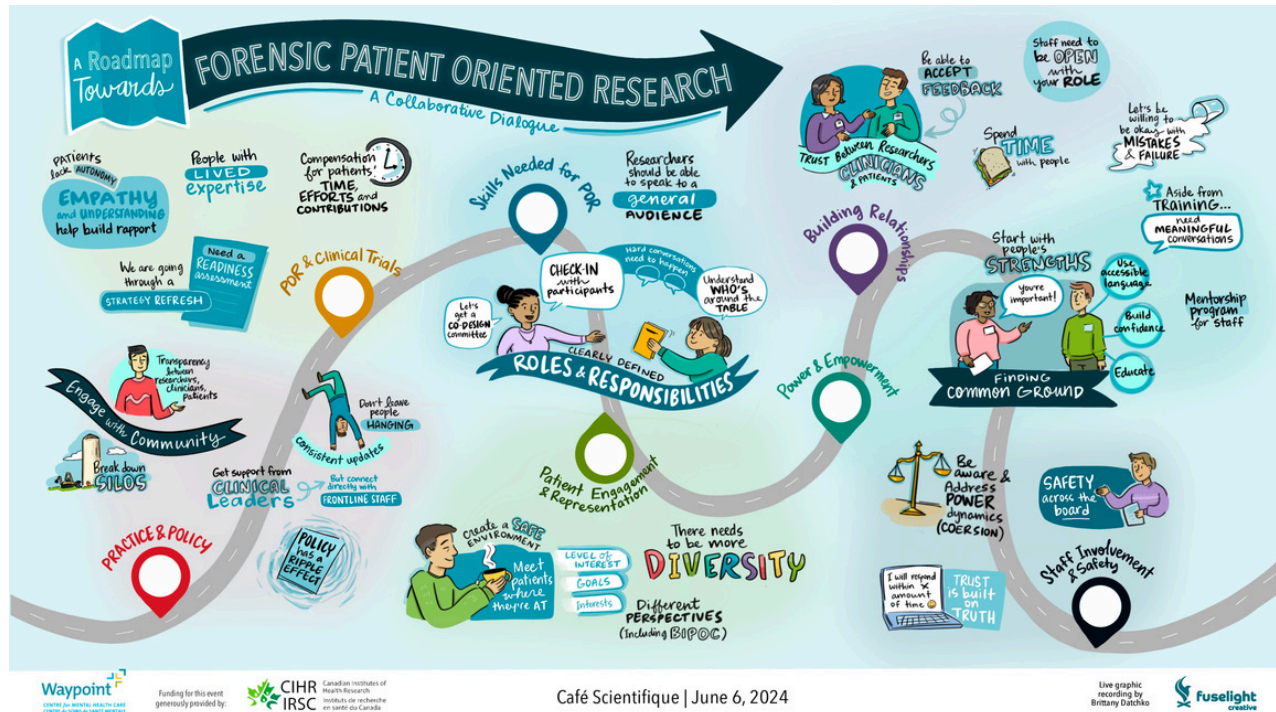


The Café Event took place in a hybrid format, bringing together patients, staff, clinicians, researchers, and members of the public both virtually and in-person on the high-secure side of Waypoint, with approximately 25 virtual and 55 in-person participants. The morning began with a traditional welcome from Austin Mixemong and opening remarks from Yvette Brook of the **Patient/Client Family Council** (PCFC), **Dr. Nadiya Sunderji**, and **Dr. Christopher Canning**. After sharing findings from the fPOR project and a success story from the University of Saskatchewan shared by Dr. Colleen Dell, Dr. Linzi Williamson, and therapy dog Molly, the group moved into deciding upon the afternoon discussion topics through a collaborative activity. Having the group decide what to focus on in the afternoon set the stage for the co-creation of our roadmap towards fPOR, exploring topics such as power and empowerment, building relationships, patient engagement and representation, staff involvement and safety, and more. Participants joined two discussion groups of their choosing, with the day wrapping up with group facilitators sharing back what was discussed in each group and reflections on the day and next steps post-event.

# WAYPOINT'S CAFÉ SCIENTIFIQUE EVENT



## MAPPING THE WAY TOGETHER: WAYPOINT'S JUNE 6TH FPOR EVENT



Of note, the fPOR team is incredibly grateful to the three patients who chose to participate in the Café event. Supported by Waypoint security and clinical staff, PCFC, the fPOR team and therapy dogs Molly and Finnegan, we are thankful to all who supported patients in attending the lunch and discussion portions of this event. Their perspectives are crucial in co-creating a roadmap towards fPOR and we look forward to continuing to engage with these patients and others throughout the rest of this project and beyond.

As we wrap up this event, we are in the process of preparing an in-depth report that will be widely shared. We are pleased to share the two graphic recordings captured during our event, a creative visual alternative to photography/videography that maintains confidentiality and privacy. Many thanks to our collaborators, Andrew Kirkwood and Brittany Datchko, for their expertise and creativity! We look forward to sharing more and are grateful to all who participated in and supported this innovative Café Scientifique event.



*Thank you from the fPOR team!*





## THE PCFC CORNER

The Patient/Client and Family Council (PCFC) is involved in a number of research projects with the WRI, particularly ones focused on patient-oriented research (POR).

### Patient-oriented research (POR)

POR recognizes that patients have lived expertise of their health condition(s) and the relevant health care systems. POR values this knowledge and engages patients as equal partners to conduct research that is relevant to them. This ultimately leads to better patient outcomes!

## FROM CAFÉ SCIENTIFIQUE TO GRANDE BIBLIOTHEQUE

June was a very busy and exciting month for us! On June 6th, we participated in the Café Scientifique Forensic Patient Oriented Research event at Waypoint. After months of collaborating with the WRI to plan this event, it was amazing to see it all come to fruition.

Through conducting consults, interviews, and having many informative discussions with patients, we were able to help lay the foundation for recruiting patients as members of the research team, particularly through inviting patients to attend the event. The Café Scientifique was the crescendo of this project so far, and having patients attend from the high secure forensic unit was the heart and soul of the event. It was amazing to see how everyone worked together to make this happen. To see forensic patients sharing meals with attendees of the event, playing with the therapy dogs, and sharing their ideas in roundtable discussions was truly groundbreaking.

Just a few short weeks after Café Scientifique, we got to attend the Canadian Knowledge Mobilization Forum from June 19th-21st at the Grande Bibliotheque in Montréal. Along with Kristy and Sevil of the WRI, we did a presentation at this conference on the success of the Café Scientifique event and some of our initial findings from this project. It was our first time in Montréal and a wonderful way for us to share our excitement about this project!

We are so grateful to be involved in such an innovative project and to work with a team that is so passionate about the patient voice. We can't wait to see where this project takes us next!

*By Kayla Zimmerman and Amber Scott*



Kayla Zimmerman (left), Amber Scott, Kristy Allen (WRI) and Sevil Deljavan (WRI) presented at the 2024 Canadian Knowledge Mobilization Forum.

# RECENT EVENTS

## ➤➤➤ CANADIAN PSYCHOLOGICAL ASSOCIATION ANNUAL CONVENTION

The WRI was pleased to have several staff attend and present at the CPA 2024 Convention from June 21st-23rd in Ottawa, including:

- **Arina Bogdan** and **Sarah Farr** presented a poster entitled, “A co-design approach to developing a Preventative Online Mental Health Program for Youth (POMHPY)”
- **Dr. Elnaz Moghimi** and **Arina Bogdan** presented a talk entitled, “Exploring the experiences of youth with a Preventative Online Mental Health Program for Youth (POMHPY)”
- **Ashley Melvin** presented a poster entitled, “Adding insult to injury: The influence of victim characteristics and participant attitudes and beliefs on victim blaming in cases of intimate partner violence”
- **Dr. Soyeon Kim**, **Dr. Elnaz Moghimi**, **Sarah Farr** and **Arina Bodgan** presented on a symposium entitled, “Evaluating the efficacy of a Preventative Online Mental Health Program for Youth (POMHPY): A pilot co-design study using mixed-methods analysis”
- **Dr. Carolyn Houlding** presented on a symposium entitled, “Climate Justice Advocacy in Clinical and Teaching Contexts”
- **Dr. Soyeon Kim** and Sarah Farr presented a talk entitled, “A Preventative Online Mental Health Program for Diverse Community Youth: Youth Participatory Action”
- **Dr. Zoe Hilton** facilitated a symposium entitled, “Increases in involuntary admissions and coercive measures in psychiatric services: Gender differences, risk factors & implications for psychological services”, with presentations from:
  - **Dr. Soyeon Kim** presented on “Increasing acuity of persons in mental healthcare beds during and after pandemic lockdown: Implications for psychological services”
  - **Natalie Rajack** presented on “Gender differences among forensic psychiatric patients over 10 years”, and
  - **Elke Ham** presented on “Risk factors for seclusion and restraint in forensic mental healthcare”
- **Dr. Carolyn Houlding** represented the Waypoint Psychology Residency Program as the Psychology Residency Training Lead at the Residency Fair
- **Dr. Zoe Hilton** presented on a panel entitled, “Building Capacity for a Culturally Responsive Approach to IPV Risk Assessment”





## RECENT EVENTS



### >>> ADDITIONAL CONFERENCES & EVENTS

- **Dr. Christopher Canning** participated in the Global Leadership Exchange from June 24th-28th, presenting on, “*Canadian policy options for integrating physical and mental health care in acute care settings*” in London, England and Utrecht, Netherlands.
- **Dr. Zoe Hilton** was a keynote speaker at the 20th Biennial Violence and Aggression Symposium from May 26th-28th, presenting on, “Domestic Violence Risk Management: The Importance of Research Practitioner Partnerships” in Saskatoon, Saskatchewan.
- **Dr. Soyeon Kim** presented a poster entitled, “Conduct problems, hyperactivity, and screen time among community youth: Can mindfulness help?” at the European Psychiatric Association Congress of Psychiatry from April 6th-9th in Budapest, Hungary.
- **Kristy Allen, Sevil Deljavan, Amber Scott (PCFC) & Kayla Zimmerman (PCFC)** presented a talk entitled, “*Patient-Oriented Research in Forensic Mental Health Settings: Initial Findings from a Café Scientifique Event*” at the Canadian Knowledge Mobilization Forum from June 19th-21st in Montréal, Québec.
- **Dr. Christopher Canning** presented a talk entitled, “*Strategies for implementing patient-oriented research approaches in forensic mental health settings*” at the International Association of Forensic Mental Health Services Conference from June 18th-20th in San Francisco, California.
- **Dr. Soyeon Kim** presented a poster entitled, “*Social Factors Associated with Involuntary Psychiatric Admissions among Substance Use Disorders Patients in Ontario, Canada*” at the American Psychiatric Association Annual Meeting from May 4th-8th in New York City, New York.

### >>> SPRING 2024 HIGHLIGHTS

WAYPOINT TALKS

#### WAYPOINT TALKS

##### Improving Approaches to End Intimate Partner Violence

Join us for a conversation with Dr. Nadiya Sunderji, Waypoint's President and CEO, and Dr. N. Zoe Hilton to learn about her work improving approaches to ending intimate partner violence.

Speaker:



DR. NADIYA SUNDERJI



DR. N. ZOE HILTON

We are grateful for the speakers and attendees who joined us for our spring Waypoint Talks events. [Click here](#) to view recordings and content from our past sessions, including our June session with **Dr. Zoe Hilton & Dr. Nadiya Sunderji**, entitled, “[Improving Approaches to End Intimate Partner Violence](#)”. Stay tuned for our Fall Waypoint Talks schedule, coming soon!

## >>> THE WRI IS HIRING!

We are currently recruiting for the following positions:

- **Post-Doctoral Fellow**
- **Research Analyst (FT)**
- **Research Analyst (TPT)**

Keep an eye on our **Careers Page**, as we are continually offering exciting employment opportunities within the department!

## >>> THANK YOU & GOOD LUCK!



The WRI wishes all the best to our colleagues who are moving on to pursue higher education this fall. Congratulations and best wishes to:

- **Natalie Rajack**, who will be pursuing a PhD in Forensic Psychology at Ontario Tech University
- **Tyler Szusecki**, who will be pursuing a Master's in Forensic Psychology at Ontario Tech University, and
- **Lujayn Mahmoud**, who will be pursuing her MD at the University of Toronto

Congratulations and thank you for all of your hard work with the WRI Natalie, Tyler and Lujayn!



## YOUR VOICE MATTERS!

We want your input. What stories or updates would you like us to profile in our next edition? If you have any suggestions or would like to contribute to writing for our newsletter, please email us at [waypointresearchinstitute@waypointcentre.ca](mailto:waypointresearchinstitute@waypointcentre.ca)

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